



## Participatief onderzoek in de huidige kennismaatschappij

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# For the times they are a-changing



**UMC Utrecht**

**Astrid Janssens**

Julius Center voor Gezondheidswetenschappen en Eerstelijngeneeskunde,  
Bioethics & Health Humanities

# The Disability Discrimination Act

The campaign for civil rights



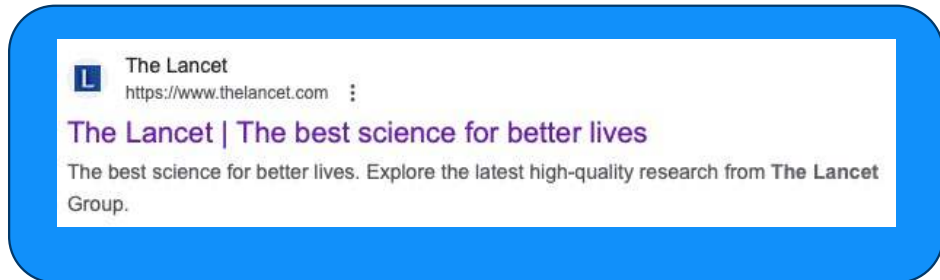
Patiëntenparticipatie is *hot*

Korte geschiedenis van een aangekondigd momentum



UMC Utrecht

# Increasing value, reducing waste. (Lancet, 2014)



## Patiëntenparticipatie als *oplossing*

### Biomedical research: increasing value, reducing waste

Malcolm R Macleod, Susan Michie, Ian Roberts, Ulrich Dirnagl, Iain Chalmers, John P A Ioannidis, Rustam Al-Shahi Salman, An-Wen Chan, Paul Glasziou

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### Series Papers

#### How to increase value and reduce waste when research priorities are set

Iain Chalmers, Michael B Bracken, Ben Djulbegovic, Silvio Garattini, Jonathan Grant, A Metin Gülmezoglu, David W Howells, John P A Ioannidis, Sandy Oliver

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#### Increasing value and reducing waste in research design, conduct, and analysis

John P A Ioannidis, Sander Greenland, Mark A Hlatky, Muin J Khoury, Malcolm R Macleod, David Moher, Kenneth F Schulz, Robert Tibshirani

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#### Increasing value and reducing waste in biomedical research regulation and management

Rustam Al-Shahi Salman, Elaine Beller, Jonathan Kagan, Elina Hemminki, Robert S Phillips, Julian Savulescu, Malcolm Macleod, Janet Wisely, Iain Chalmers

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#### Increasing value and reducing waste: addressing inaccessible research

An-Wen Chan, Fujian Song, Andrew Vickers, Tom Jefferson, Kay Dickersin, Peter C Gøtzsche, Harlan M Krumholz, Davina Ghersi, H Bart van der Worp

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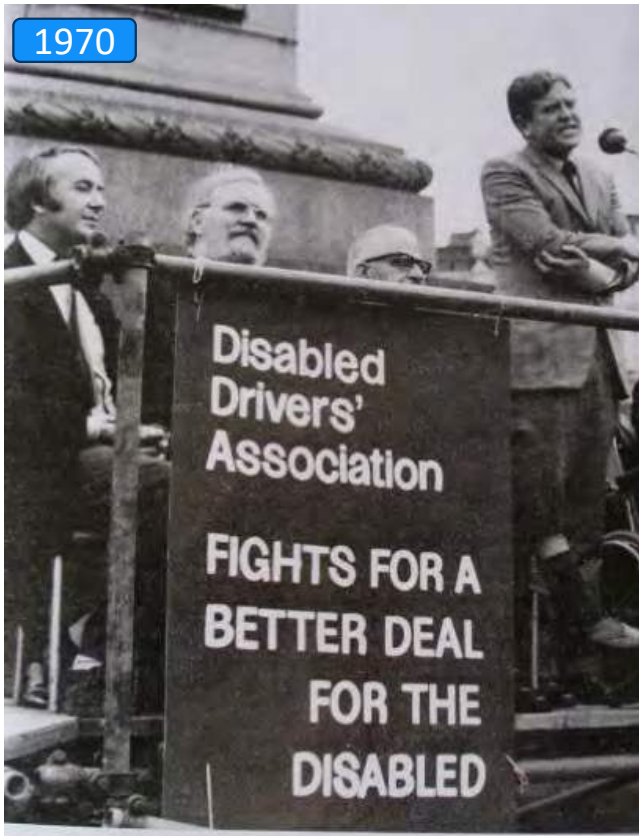
#### Reducing waste from incomplete or unusable reports of biomedical research

Paul Glasziou, Douglas G Altman, Patrick Bossuyt, Isabelle Boutron, Mike Clarke, Steven Julious, Susan Michie, David Moher, Elizabeth Wager

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# Patiëntenparticipatie: Grassroots movement



For the times they are achanging, B Dylan  
Come gather 'round people  
Wherever you roam  
And admit that the waters  
Around you have grown  
And accept it that soon  
You'll be drenched to the bone  
If your time to you is worth savin'  
And you better start swimmin'  
Or you'll sink like a stone  
For the times they are a-changin'



Afbeeldingen: People's History Museum; The Disability movement; Mario Suriani / Associated Press



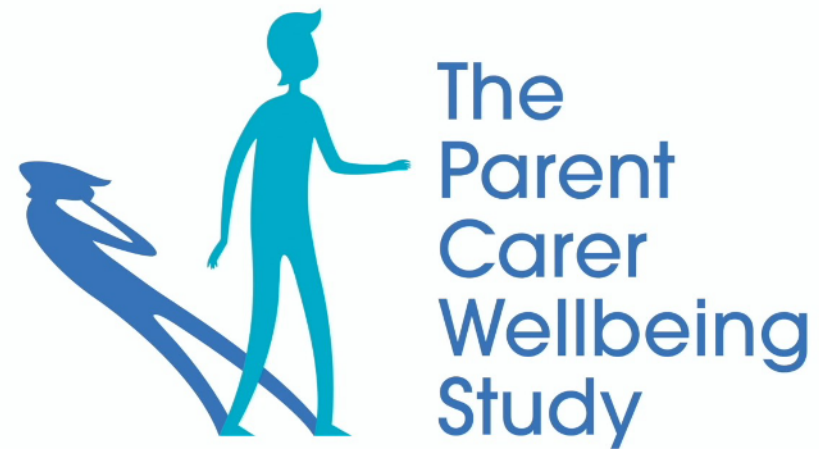
## Patiëntenparticipatie (in onderzoek)

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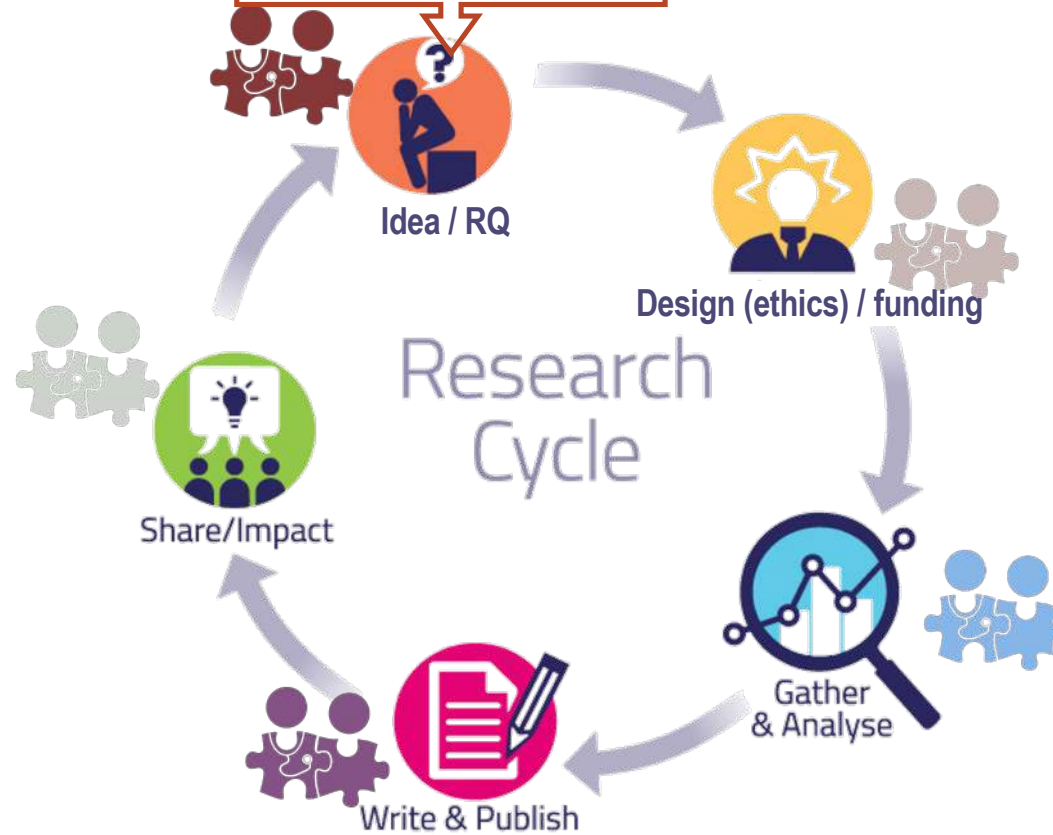
Waar hebben we het over?

# Parent Carer Wellbeing project: Julia

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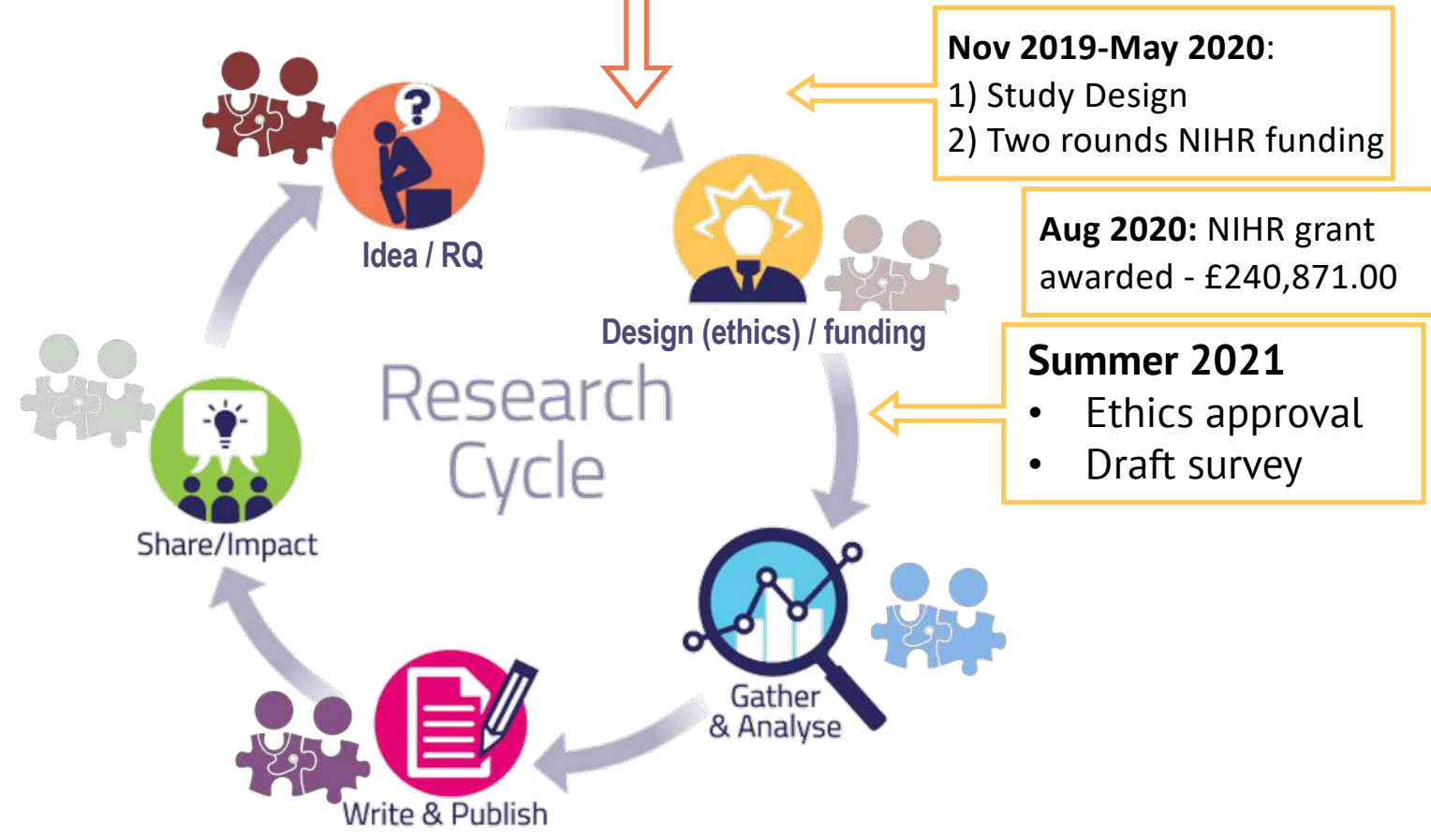
# Parent Carer Wellbeing project - Julia



# Parent Carer Wellbeing project

**2017-19:** Create team

← Experts by profession →      ← Experts by experience →



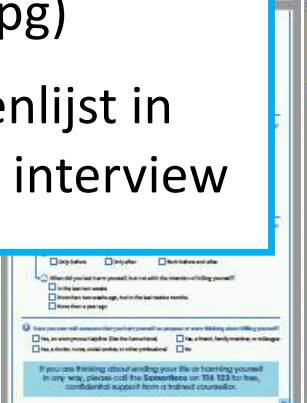
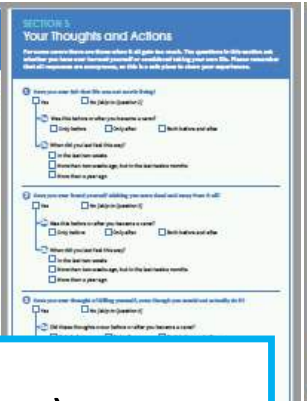
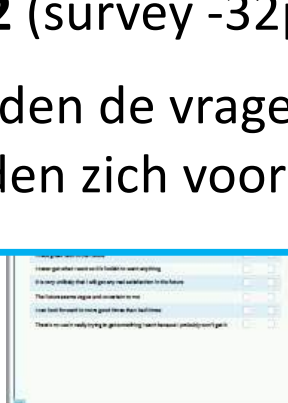
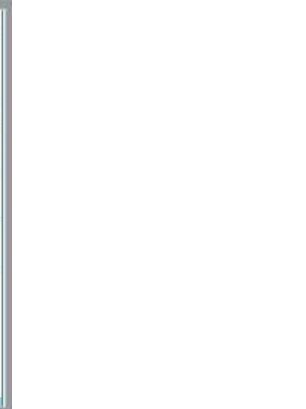
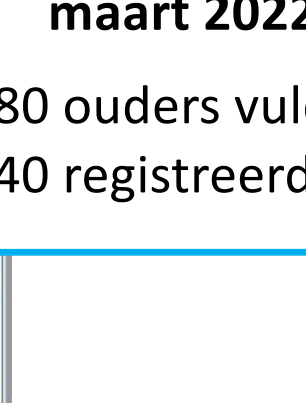
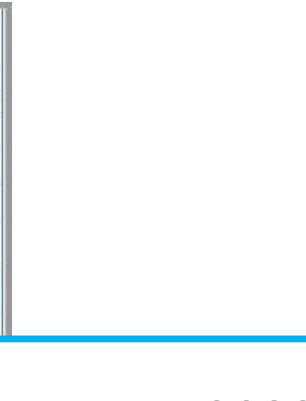
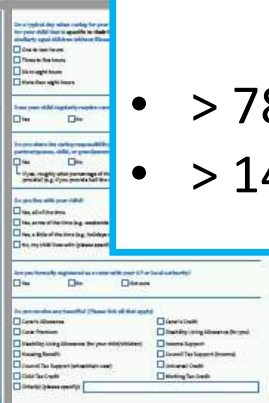
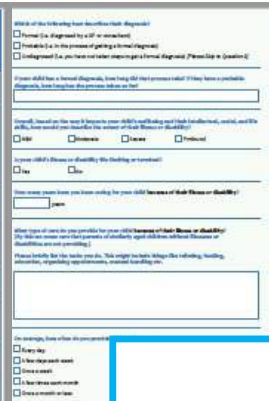
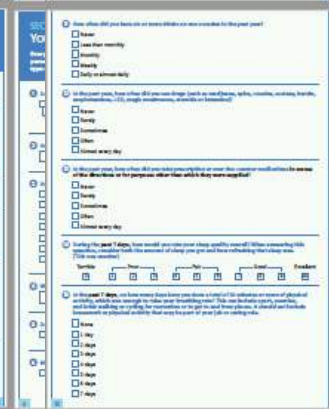
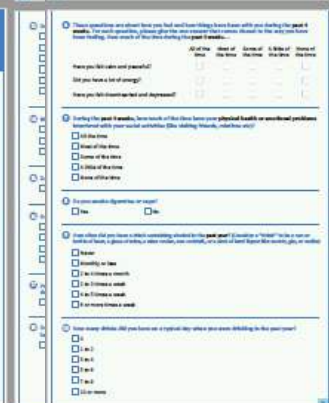
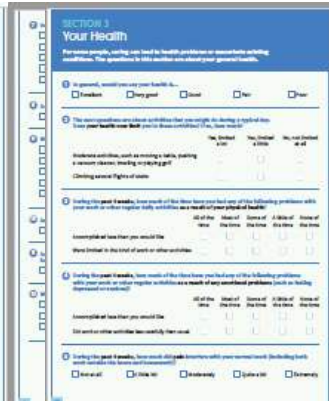


# Parent Carer Wellbeing project



- Nov 2021**
- Survey open
  - Recruitment video

- Jan-Mar 2022**
- Interview guide & consent forms
  - Trial Interviews
  - Safety protocol

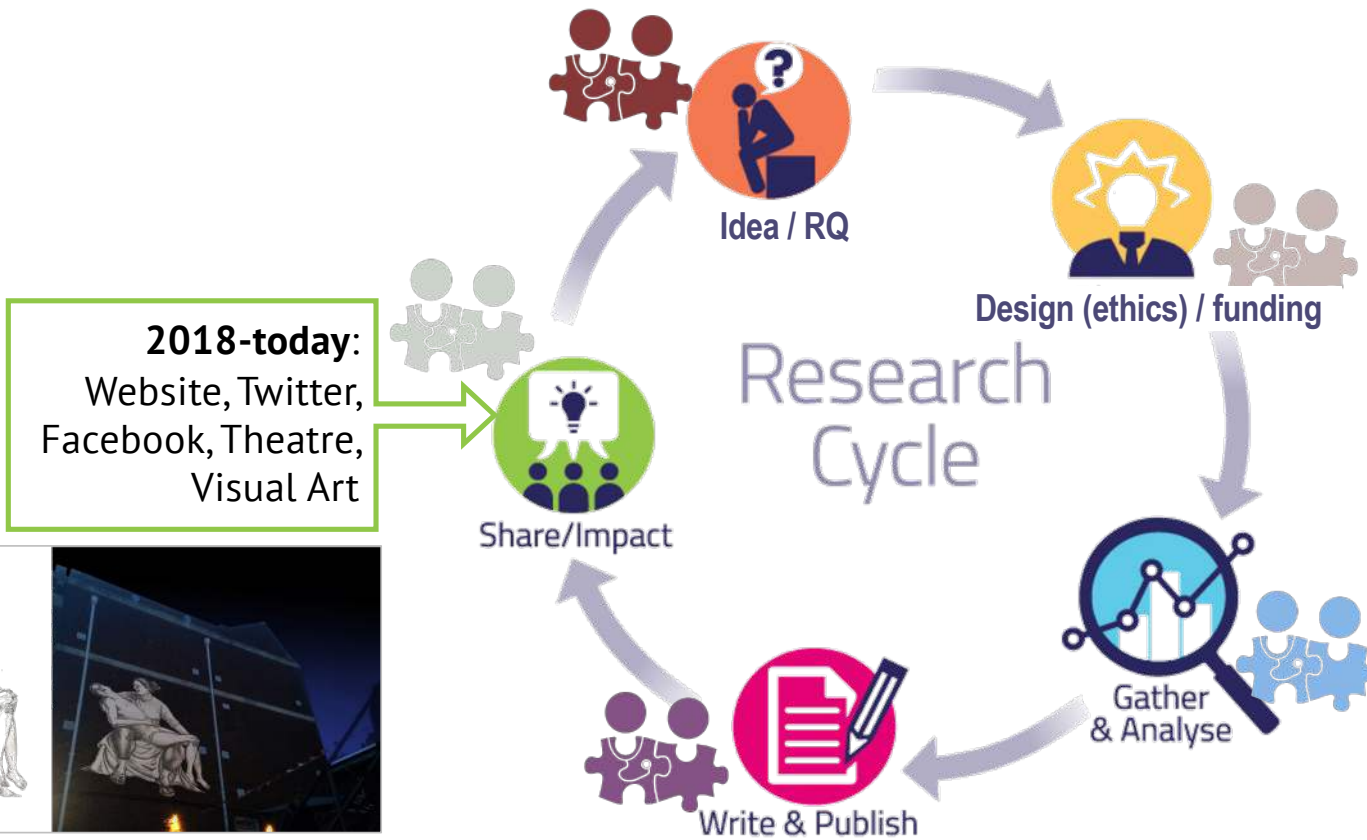


maart 2022 (survey -32pg)

- > 780 ouders vulden de vragenlijst in
- > 140 registreerden zich voor interview

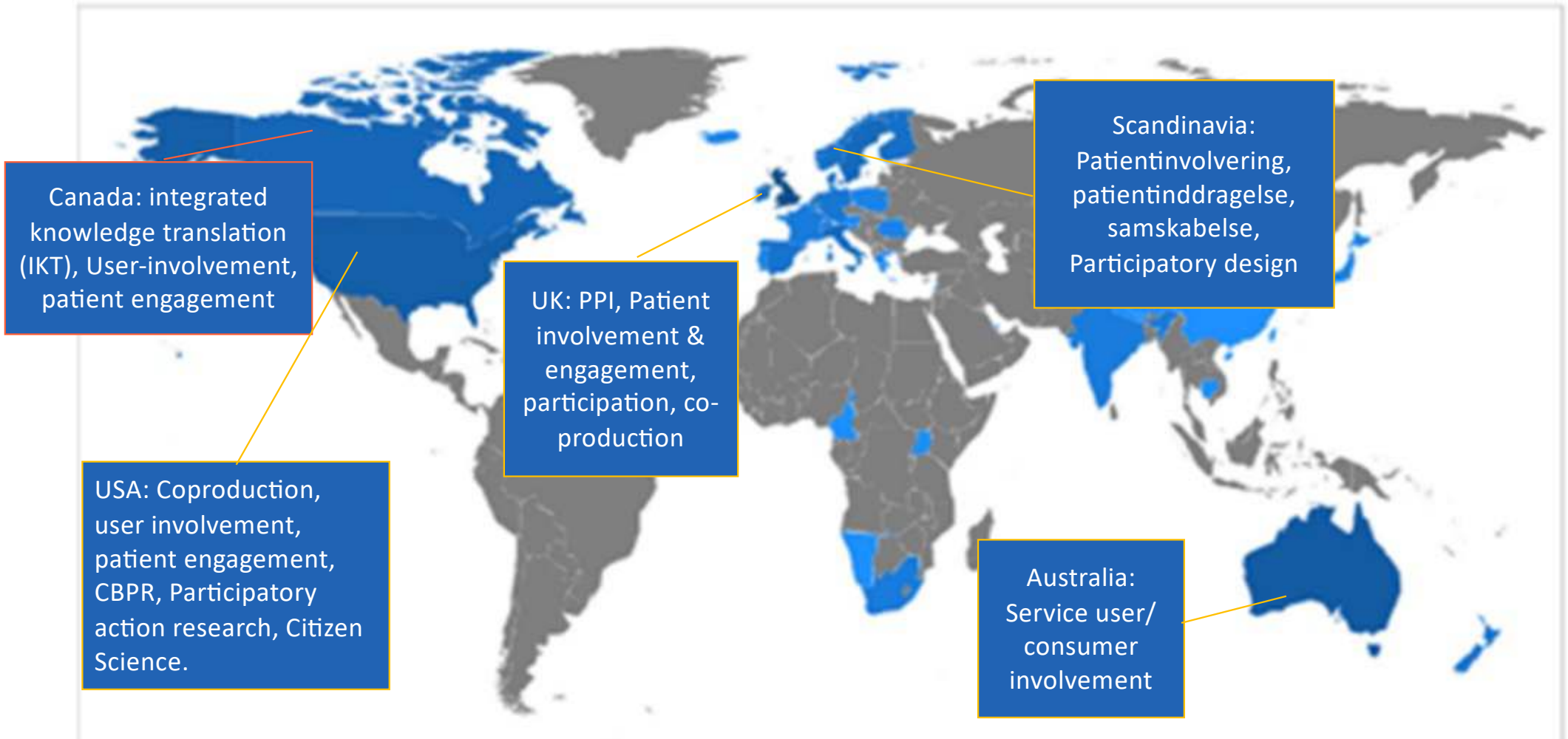


# Parent Carer Wellbeing project



# Patiëntenparticipatie

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# Patiëntenparticipatie (in onderzoek)



Review uitgevoerd door Patient Engagement in Research Working Group of the ISPOR Patient-Centered Special Interest Group (PCSIG)

- 169 articles
- 244 distinct definitions

The active, meaningful, and **collaborative interaction** between patients and researchers across all stages of the research process, where research decision making is *guided\** by patients' contributions as partners, recognizing their specific experiences, values, and expertise.

# Patiëntenparticipatie en kwalitatief onderzoek: same same?

Traditioneel onderzoek: Patiënt = SUBJECT

Participatief onderzoek: Patiënt = deel van het proces (PARTNER)

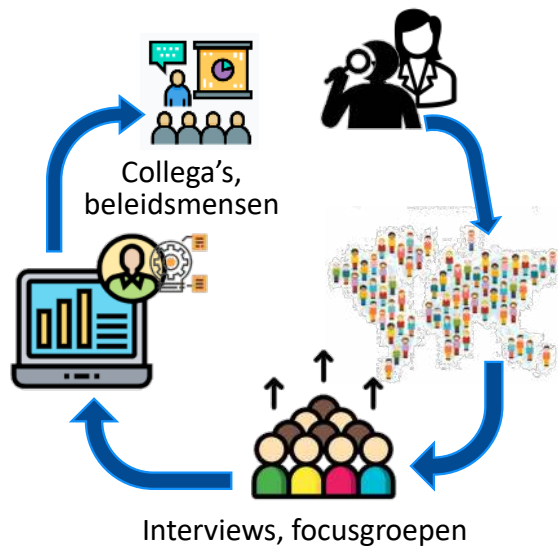
STUDY DESIGN

GEEN STUDY DESIGN – Manier van onderzoek doen

-- Stem van de patiënt --

Indirect & geen macht

(in)direct & inspraak / macht



De Participatiematrix is een tool die wordt gebruikt om de rol van patiënten en burgers in onderzoek te definiëren. Het is ontwikkeld door het Kenniscentrum voor de Participatiematrix van UMC Utrecht en FNO.

Een toelichting op de vijf onderscheiden rollen kunt u vinden op de achterzijde van dit blad. Leest u a.u.b. voor gebruik van de Participatiematrix ook de handleiding (4 pagina's).

PARTICIPATIE MATRIX		ROL IN PROJECT/ONDERZOEK				
		Toehoorder <i>Wordt geïnformeerd</i>	Meedenker <i>Wordt gevraagd mening te geven</i>	Adviseur <i>Geeft (on)gevraagd advies</i>	Partner <i>Werkt gelijkwaardig samen</i>	Regisseur <i>Neemt initiatief, (eind)beslissing</i>
FASE VAN PROJECT/ONDERZOEK	Voorbereiding					
	Uitvoering					
	Implementatie					

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- Toehoorder: wordt geïnformeerd
- Meedenker: wordt om mening gevraagd
- Adviseur: geeft (on)gevraagd advies
- Partner: werkt gelijkwaardig samen
- Regisseur: neemt initiatief, (eind)beslissing

gaat over samenwerken met patiënten en burgers om onderzoek / onderwijs / zorg vorm te geven. De mate van betrokkenheid kan variëren, er is bijna altijd sprake van tweerichtingscommunicatie.



Het momentum is nu

—  
Waar staan we?



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# Wat weten we? Trials

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1. Beter trial design:
  - a) relevant outcomes & study endpoints (COMET Initiative 2016)
  - b) patiënt-vriendelijke protocols
2. Ethische overwegingen en patiëntveiligheid (Staley 2015)
3. Werving, retentie ↗ (Crocker 2018)
4. Verhoogde relevantie en impact van onderzoeken: ↗ implementatie
5. Kostenbesparingen (tijdsbesparing bij het op de markt brengen van medicatie; Levitan, 2018)



# Enkele cijfers: PP in (medisch) onderzoek



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- BMJ: papers die PP activiteit rapporteren (2014 – PP richtlijn)
  - juni 2013-mei 2014: 1/189 papers (0.5%)
  - Juni 2015-mei 2016: 16/152 papers (11%)
- BMJ Open, PY: 2020 papers bestudeerd voor patiëntenparticipatie
- PERCENTAGE papers met PP in Nederland?
  - A.  $10\% < x < 20\%$
  - B.  $20\% < x < 30\%$
  - C.  $> 30\%$

# Enkele cijfers: PP in (medisch) onderzoek

- BMJ: papers die PP activiteit rapporteren (2014 – PP r
- juni 2013-mei 2014: 1/189 paper
- Juni 2015-mei 2016: 16/152 paper

- BMJ Open PY: 2020, 3000 papers

- Overall: 
- UK: 
- Nederland: 

**Table 1** Number of papers published in BMJ Open in 2020 by location, and proportion of these with PPI

Location	n	% of total	Mean % PPI (95% CI)
UK	591	19.7	44.5 (40.5 to 48.5)
Canada	195	6.5	30.8 (24.3 to 37.3)
Australia/New Zealand	269	9.0	21.9 (17.0 to 26.9)
France	118	3.9	21.2 (13.8 to 28.6)
Netherlands	120	4.0	20.8 (13.5 to 28.1)
Germany	101	3.4	16.8 (9.5 to 24.2)
USA	227	7.6	16.3 (11.5 to 21.1)
Europe (other)	501	16.7	15.5 (12.4 to 18.7)
Central and South America	59	2.0	11.3 (3.9 to 18.7)
Central and South Asia	72	2.4	10.2 (2.4 to 18.0)
Africa and West Asia	163	5.4	8.0 (3.8 to 12.1)
East and Southeast Asia	232	7.7	6.4 (3.3 to 9.6)
China	352	11.7	3.4 (1.5 to 5.3)
	3000	100.0	20.6 (19.1 to 22.0)

Note that location here means each country with ≥100 papers and otherwise means region. PPI, patient and public involvement.

**Table 3** Number of papers published in BMJ Open in 2021 in each research topic with ≥50 papers, and proportion of these with PPI

Research topic	n	% of total	Mean % PPI (95% CI)
Mental health	149	5.0	36.9 (29.1 to 44.7)
Qualitative research	51	1.7	35.3 (22.0 to 48.5)
Health services research	168	5.6	31.0 (23.9 to 38.0)
Neurology	82	2.7	29.3 (19.4 to 39.2)
Surgery	102	3.4	28.4 (19.6 to 37.2)
Rehabilitation medicine	65	2.2	26.2 (15.4 to 36.9)
Oncology	88	2.9	25.0 (15.9 to 34.1)
Cardiovascular medicine	120	4.0	24.2 (16.5 to 31.9)
Paediatrics	91	3.0	23.1 (14.4 to 31.8)
Diabetes and endocrinology	85	2.8	22.4 (13.4 to 31.3)
Obstetrics and gynaecology	98	3.3	21.4 (13.3 to 29.6)
Emergency medicine	66	2.2	21.2 (11.3 to 31.2)
General practice/family practice	94	3.1	20.2 (12.0 to 28.4)
Public health	366	12.2	16.1 (12.3 to 19.9)
Infectious diseases	79	2.6	15.2 (7.2 to 23.2)
Global health	97	3.2	13.4 (6.6 to 20.2)
Health economics	61	2.0	6.6 (0.3 to 12.8)
Epidemiology	241	8.0	6.2 (3.2 to 9.3)
Medical education and training	58	1.9	3.4 (-1.3 to 8.2)
	1261	71.8	


PPI, patient and public involvement.



Lang, I., et al., *How common is patient and public involvement (PPI)? Cross-sectional analysis of frequency of PPI reporting in health research papers and associations with methods, funding sources and other factors.* BMJ Open, 2022. 12(5): p. e063356.

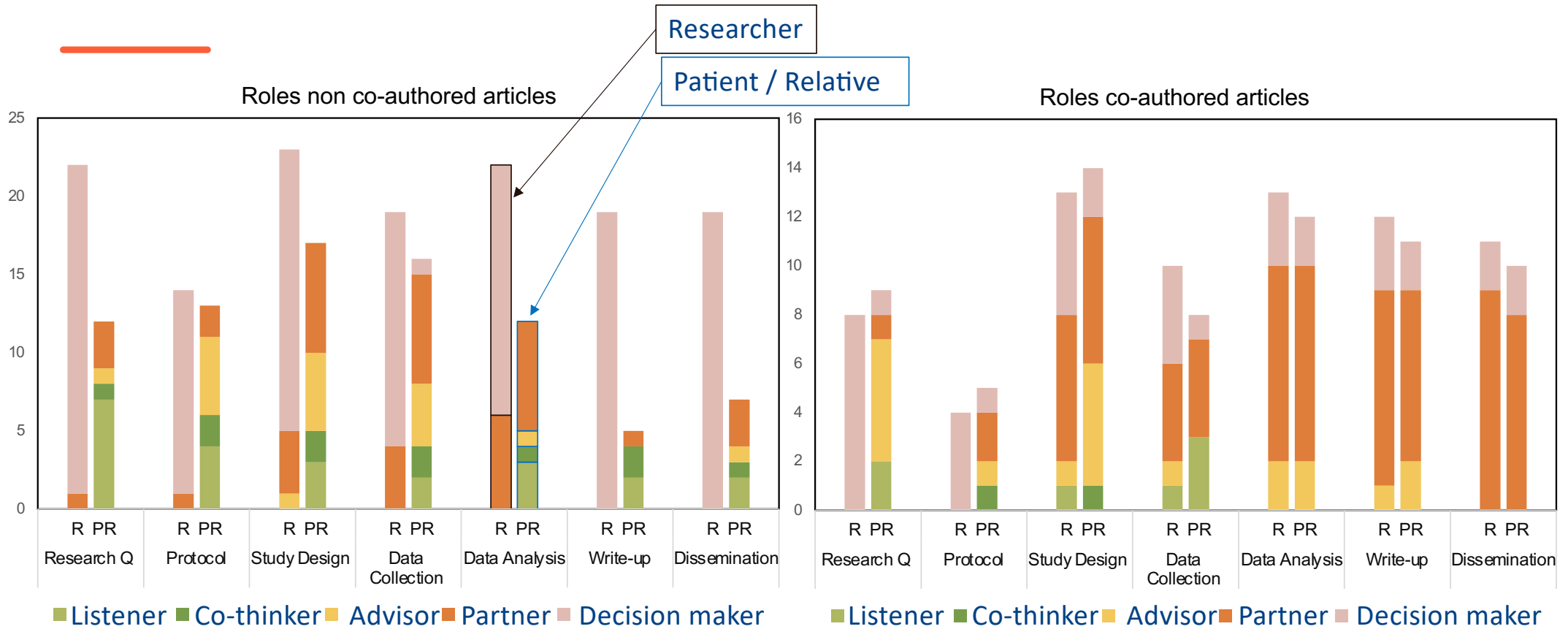
# Enkele cijfers: PP in (medisch) onderzoek

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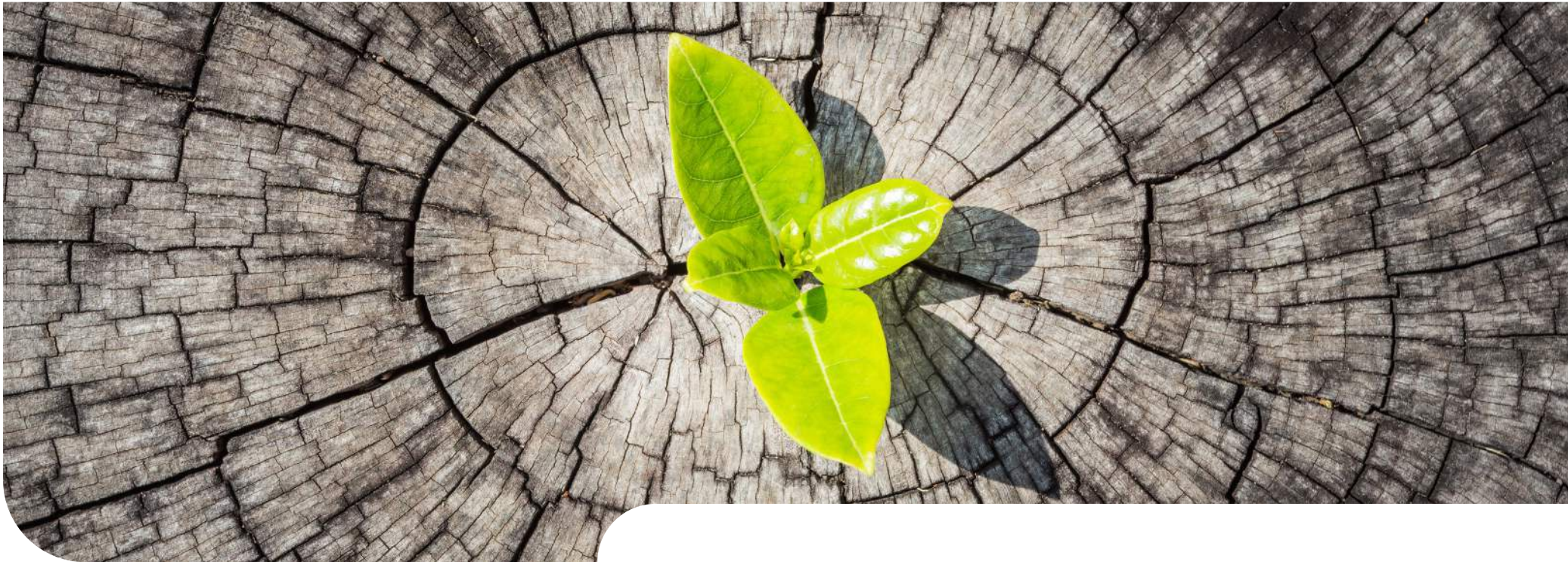
- Studie 2021:
  - 27 general nursing journals
  - 89 randomised controlled clinical trials
  - Aantal studies die PP rapporteren: 

- A. 0-10%
- B. 10-40%
- C. >40%

# Rol van patiënten in onderzoek







## Van momentum naar verandering

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*De kansen en gevaren van top-down  
patiëntenparticipatie*



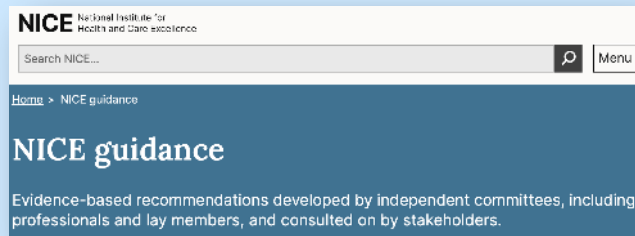
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# Bottum-up



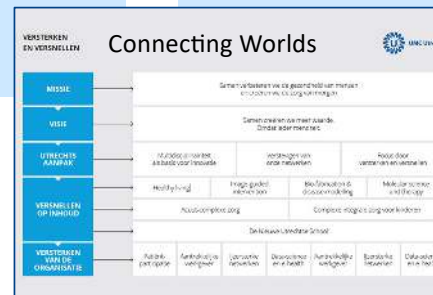
# Top-down

- Richtlijnen
- Onderzoeksprioriteiten



## PP verwacht / verplicht:

- BMJ (British Medical Journal)
- EMA
- EU – Funding
- CCMO (Centrale Commissie Mensgebonden Onderzoek)
- UMC Utrecht / UU, OUH

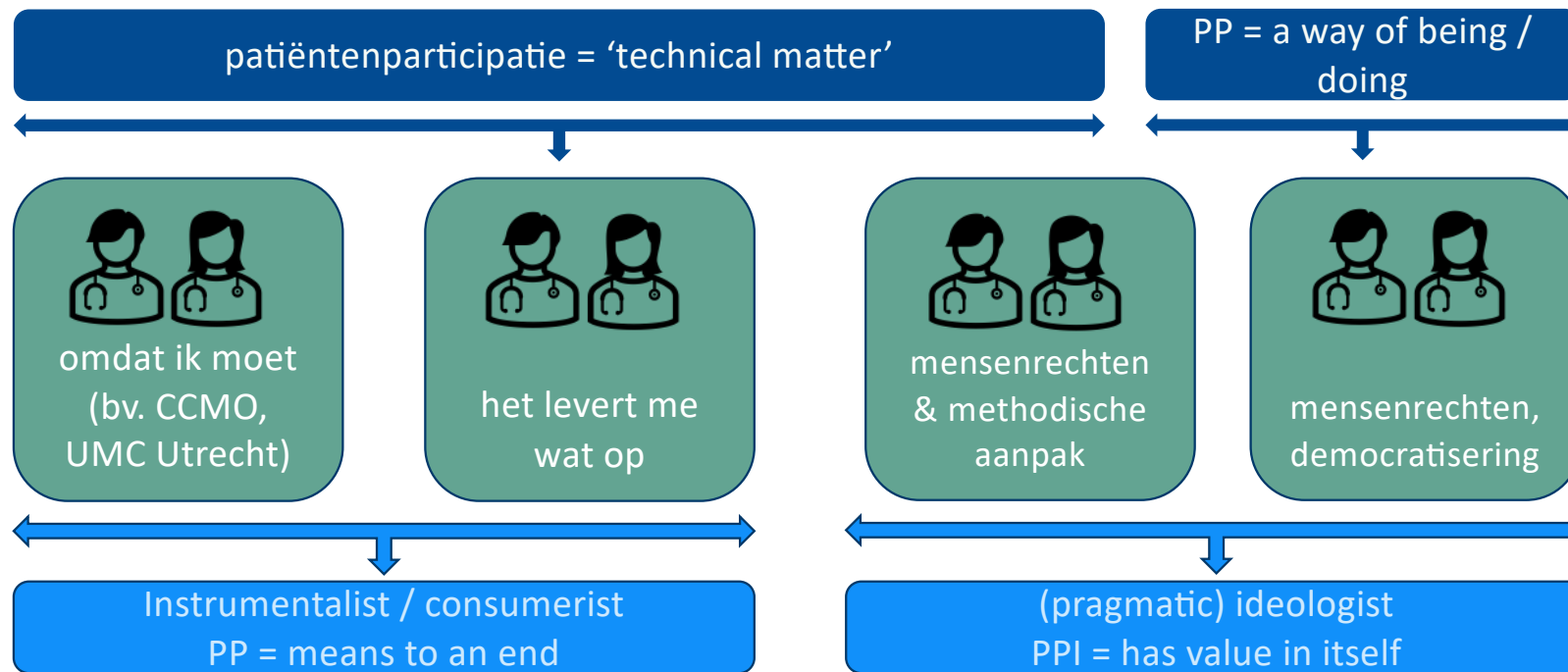


# Verandering

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# Patiëntenparticipatie. Top-down versus bottom-up.



- Diversiteit in patiënten
- Bijdrage patiënten ≠
- PP ervaring patiënten ≠
- Motivatie onderzoeker: intrinsiek / extrinsiek
- Schade?



Professioneel/helikopter perspectief

Diverse groep

Al wie wil bijdragen





De huidige kennismaatschappij

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It's a knowledge world  
and it's ruled by knowers



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# Kennisbijdrage van patiënten

## 1. Unknown unknowns

### Ketotic hypoglycemia in patients with Down syndrome

Danielle Drachmann<sup>1,2,3</sup>, Austin Carrigg<sup>1</sup>, David A. Weinstein<sup>1,4</sup>, Jacob Sten Petersen<sup>1</sup>, Astrid Janssens<sup>1,5,6</sup>, Henrik Thybo Christesen<sup>1,7,8</sup>

**Conclusion**

We present a case of co-created and family-organization driven research in the family organization Ketotic Hypoglycemia International, from the establishment of the organization to the scientific publication. This is the first demonstration of a possible high prevalence of ketotic hypoglycemia (KH) in Down syndrome (DS). Even though this finding needs to be confirmed in other research settings, identification of KH in DS could have a dramatic impact, as simple treatments with cornstarch, protein and frequent meals may prevent KH attacks and, analogous to other conditions with KH, improve growth, planning and prevent overeating and obesity. QYCS deletion may contribute to KH in DS; resecting glycogen storage disease type 0.

**10 steps that shaped a scientific discovery**

- 1. The Beginning**  
Danielle Drachmann and her two kids, Noah and Severin, diagnosed with low blood glucose and high ketones, without any known genetic cause idiopathic ketotic hypoglycemia (KH).
- 2. The Organization**  
Danielle established Ketotic Hypoglycemia International (KHI), established a scientific advisory board (SAB) with leading medical experts from all over the world – expanded with many KHI-families united in KHI rapidly.
- 3. The Discovery**  
Melanie is a girl with DS who got diagnosed with KH. Her mother reached the support group and contacted Danielle with suspicion about a connection between DS and KH after seeing posts in the online support group on social media.
- 4. The Survey**  
No association between DS and KH was ever reported in the literature. SAB members supported Austin and Danielle to draft out a survey. GAD consulted on survey draft.
- 5. The Data**  
A survey was sent to DS organizations and families worldwide.
- 6. The Findings**  
The results indicated an association. Want to know about the findings? Scan QR code 6 below.
- 7. The Mice Study**  
A SAB member found a mice study (1), giving a medical explanation (2) for why patients with DS could have KH. Want to know more about the research? Scan QR code 7 below.
- 8. The Publication**  
Scientific paper written by Austin, Danielle and medical experts in the SAB is published alongside a video abstract (3).
- 9. The Dissemination**  
Workshop press attention for our findings.  
2612 downloads in the first 6 months (average annual downloads for JIMD Reports: 441);  
2nd most downloaded article in JIMD Reports in 2021
- 10. The KHI Experience**  
Clinical trials are now under way, more co-produced projects are in progress where languages and relatives work as researchers alongside medical experts.

Received: 29 June 2020 | Revised: 30 June 2021 | Accepted: 2 July 2021  
DOI: 10.1002/jmd2.12241

**RESEARCH REPORT**

**Ketotic hypoglycemia in patients with Down syndrome**

Danielle Drachmann<sup>1,2</sup> | Austin Carrigg<sup>1</sup> | David A. Weinstein<sup>3</sup> | Jacob Sten Petersen<sup>4</sup> | Henrik Thybo Christesen<sup>5,6</sup>

**ABSTRACT**  
**Background:** Ketotic hypoglycemia (KH) without an identifiable underlying metabolic or hormonal disease is historically named idiopathic KH. The prevalence is unknown, but idiopathic KH is considered the most frequent cause of hypoglycemia beyond the neonatal period. KH in Down syndrome (DS) has not been reported.

### Hyper-nursing in children later found to have ketotic hypoglycemia

**Project description**

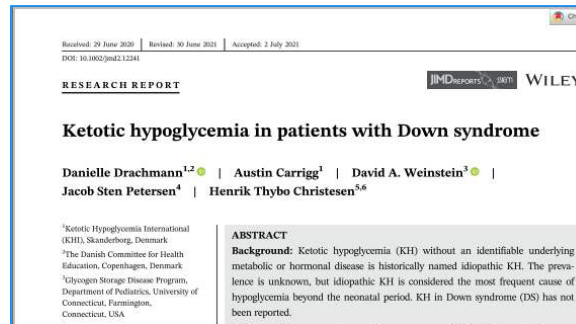
**Background**

Ketotic hypoglycemia (KH) is the most frequent form of hypoglycemia after the neonatal period. KH can be divided into physiological KH and pathological KH (1). The first-line treatment is dietary with frequent meals and complex carbohydrates. Pathological KH is often an overlooked condition with delayed diagnosis, which may prompt mothers to extend the frequency and duration of breastfeeding to relieve undiagnosed hypoglycemia in their children. This so-called hyper-nursing has been identified among mothers in the global patient organization Ketotic Hypoglycemia International (KHI; [www.ketotichypoglycemia.org](http://www.ketotichypoglycemia.org)).

Many factors affect breastfeeding patterns and duration (2,3). The term hyper-nursing has not been described or defined in the literature. The World Health Organization (WHO) recommends that infants are exclusively breastfed for six months (4). The knowledge on the benefits and adverse effects of breastfeeding for longer than 12 months is sparse (5).

# Kennisbijdrage van patiënten

## 1. Unknown unknowns



## Hyper-nursing in children later found to have ketotic hypoglycemia

### Project description

#### Background

Ketotic hypoglycemia (KH) is the most frequent form of hypoglycemia after the neonatal period. KH can be divided into physiological KH and pathological KH (1). The first-line treatment is dietary with frequent meals and complex carbohydrates. Pathological KH is often an overlooked condition with delayed diagnosis, which may prompt mothers to extend the frequency and duration of breastfeeding to relieve undiagnosed hypoglycemia in their children. This so-called hyper-nursing has been identified among mothers in the global patient organization Ketotic Hypoglycemia International (KHI: [www.ketotichypoglycemia.org](http://www.ketotichypoglycemia.org)).

Many factors affect breastfeeding patterns and duration (2,3). The term hyper-nursing has not been described or defined in the literature. The World Health Organization (WHO) recommends that infants are exclusively breastfed for six months (4). The knowledge on the benefits and adverse effects of breastfeeding for longer than 12 months is sparse (5).

## 2. Inzicht in relevantie van (aspecten) van een aandoening / behandeling

## 3. Data verzameling 'op maat'





## De *machtsverhoudingen* in de huidige kenniswereld

**Wat is KENNIS en wie is DRAGER van kennis**

**De geprivilegeerde kennisstatus van de onderzoeker / hulpverlener:**

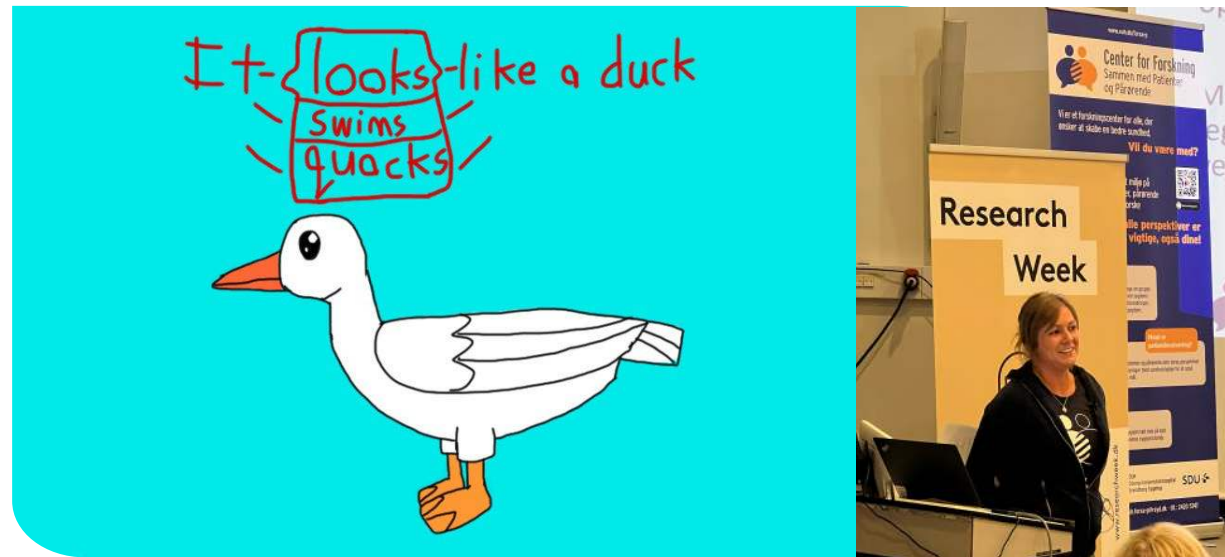
- ⇒ Epistemische autoriteit & geloofwaardigheid HVL
- ⇒ Selectieve getuigenis van patiënt
- ⇒ Interpretatieve onrechtvaardigheid (Hermeneutical injustice)

Fricker, M., *Epistemic injustice. Power & ethics of knowing*. 2007, Oxford Scholarship Online: Oxford.



# Epistemische uitdagingen

- (Epistemische) autoriteit
- Epistemische scheiding
- Geloofwaardigheid
- Hermeneutische assimilatie



Huidige gezondheidszorg / onderzoekswereld  $\neq$  epistemisch onrechtvaardig,  
MAAR faciliteert epistemische onrechtvaardigheid.



De toekomst ~~van~~ is patiëntenparticipatie

Moment van reflectie

# Tol van het succes van (top-down) patiëntenparticipatie?

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- Rol van patiëntenorganisaties
- Over je grenzen gaan
- Schade berokkenen (ethisch kader?)
- Diversiteit (health inequality?)
- Vergoeding (transparantie)
- Opleiding, vorming (wat, wie)



## Call for action

Actief werken aan  
een epistemisch  
rechtvaardige setting



Patiënten moeten kunnen deelnemen onder voorwaarden die zowel gelijkwaardig zijn als recht doen de unieke aard van de ervaringen en kennis die zij – evenals anderen die bijdragen – inbrengen.